



An invitation from

# Lewisham Speaking Up



## Men's Big Day

At the Civic Centre, Catford on  
Friday 26th September from 10am—3.30pm.

Free buffet lunch provided  
Must be reserved



Talk about what  
it means to be a  
man and what  
problems you  
face

For men aged 18 and over who have a learning disability

## Relationships

Special guest  
attending!  
Steve Bullock: The  
Mayor of Lewisham

## Sexual Health



Information and  
Workshops!

## Being Healthy



## Keeping Safe



Contact us on 020 8692 1862  
to tell us if you can come or if  
you want more information



## Where:



The Civic Centre  
Lewisham Town Hall  
Catford Road  
Catford  
London  
SE6 4RU

## How to get there:



Bus: 124, 160, 181, 284



Nearest Train station: Catford Bridge

Please note there is No Parking on site

**IMPORTANT! This event is for Men only.**

For more information and to book your place contact:



= 020 8692 1862



= William.davies@lsup.org.uk

\*Places are limited and **must** be reserved\*